

## **CMFV Newsletter**

**October 2017**

Greetings to all current members, and through you to the network of collaborators and students with whom you work. We are at an exciting time in the evolution of our discipline: many countries are permitting high-level health claims along the lines of 'a diet rich in fruit and vegetables may reduce the risk of coronary heart disease or stroke'. Evidence for protective roles of particular phytochemicals, often in combination with fibre, is mounting. The complexity of our understanding of the processes modifying ingested phytochemicals, their interaction with our gut flora, and the triggering of defensive processes within the body, is constantly growing in volume and complexity. But it is also a time when extravagant claims continue to be made for particular fruit or vegetables, or for extracts and isolates. It is vital that horticultural scientists with an interest in the human health impacts of fruit and vegetables share their findings responsibly. We are all well aware of the confusion caused in consumers' minds when irresponsible scientists attempt to claim their 15 minutes of fame by refuting all that you have previously heard...

### **Upcoming FAV Health meeting**

The primary purpose for this newsletter is to say that there is a major meeting in the FAVHealth series coming up:

- FAVHealth 2018  
12-16 August 2018, Istanbul, Turkey  
Convenors: Uygun Aksoy (Turkey), Julian Heyes (NZ), Trevor George (UK)  
This meeting will form part of the XXX International Horticultural Congress.

I would like to encourage all of you, and your collaborators and students, to put this meeting into your diary and to submit an abstract. Details are available at <http://www.ishs.org/symposium/668>; abstract submission is open until 31 October 2017. As a Commission we endeavour to ensure the series moves around the world to allow as many people as possible to attend.

We anticipate running the subsequent FAV Health meeting in 2020 and are open to suggestions for venues, or other meetings with which we can co-operate.

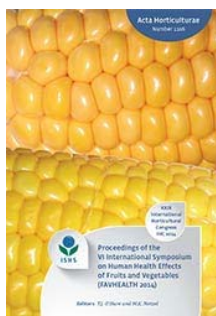
### **Student Matters**

I would especially like to note that we are seeking sponsorship for students to subsidise their travel if they plan to present their work as first author at our meetings; and they will be eligible for ISHS student poster or oral paper prizes, too. In order to be eligible, it would be timely for them to join ISHS at the special student rate of 40 euros (50 euros if resident in the EU) per annum.

## Acta Horticulturae 1106

Our last Acta Horticulturae from a FAV Health meeting was published in December 2015. You can access the papers online at: <http://www.actahort.org/books/1106/>

As a Commission we are very grateful for the leadership taken by Tim O'Hare (Australia) and Michael Netzel (Australia) in editing this volume, and to all of you who assisted in the editorial process.



## Other upcoming meetings

Apart from our own meetings as primary organiser, we are 'secondary supporter' for the other meetings shown overleaf, and I would like to take this opportunity to encourage our members to consider presenting papers at any of these meetings. Please note especially if there are meetings close to you that you may be able to encourage your graduate students to attend. We look forward to meeting you at one of these meetings!

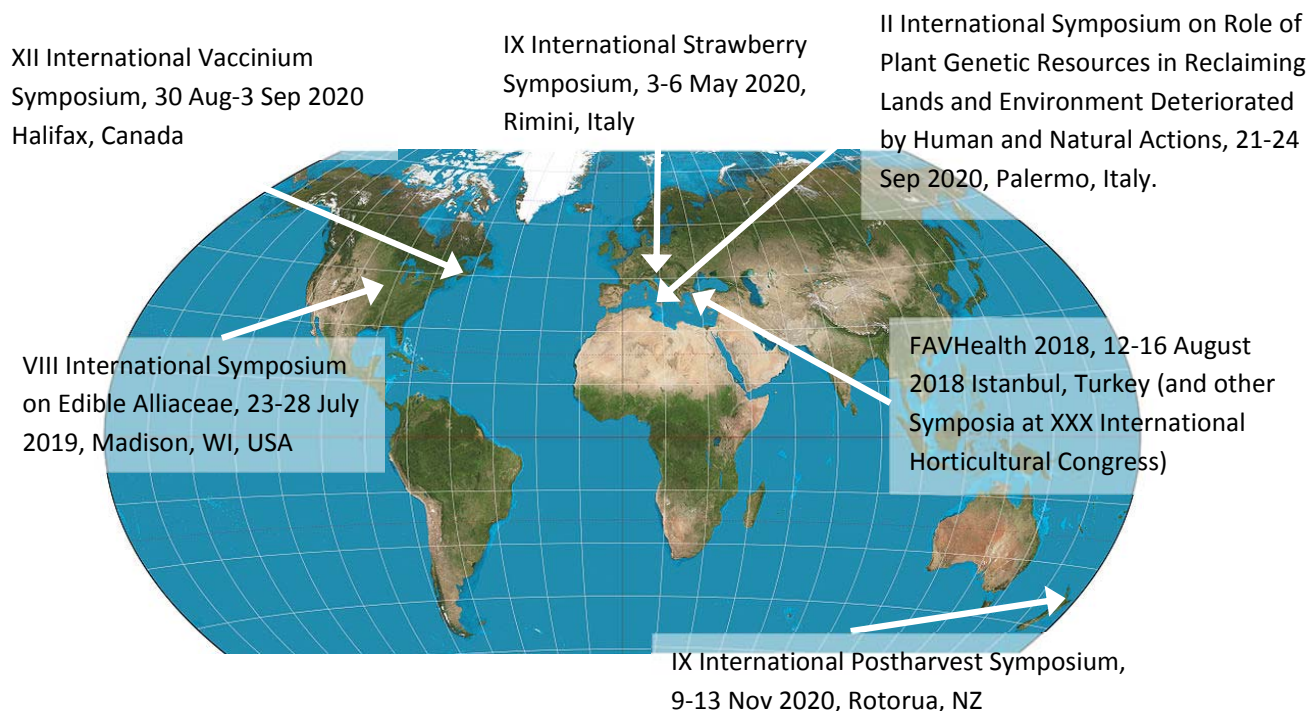
## Antioxidants 2018 Travel Award

<http://www.mdpi.com/message/beb04572d4a6b3a1c668b803ef719eef/f75036fd83a3a030c3ecb193c30c6ff3> has details of a special offer from the journal 'Antioxidants'. They will support one postdoc or PhD student working in the field of antioxidants to present their work at a conference during 2018 with a grant of 800 Swiss francs. Applications are due by 31 Dec 2017.

I welcome items of interest from all members for future newsletters.

Julian Heyes  
Massey University, New Zealand  
Chair of Commission





Locations of ISHS meetings related to the work of the Commission of Fruit and Vegetables for Human Health, 2018-2020.

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<https://commons.wikimedia.org/w/index.php?curid=16115375>